



*Come and lay your burdens down. Come  
and let the healing begin.*

*Jesus welcomes you!*

*And we welcome you, with open arms!*

*Testimony and personal invitation from Phyllis Young. "When I was 18 years old, I had an abortion. It was the worst decision I have ever made! For almost 30 years I suffered in silence, with shame, guilt, loss and isolation after my abortion. Several years ago I was blessed with the opportunity to attend a **Rachel's Vineyard** weekend retreat! There I experienced the profound mercy, healing and restoration that only God can give! I was given the chance to name my baby and give honor and dignity to the baby I lost through my choice of abortion. I now, have a great passion to help others who've had an abortion. After receiving training, I joined the world-wide ministry of post-abortion retreats, called **Rachel's Vineyard**. Sister Nancy Boushey along with Sisters Fran and Luella have welcomed us with open arms and every possible means of support, to their Benedictine Monastery of the Good Shepherd, just outside of Rio Grande City. There they have provided us with a perfect setting for these retreats where men and women alike, can come for a weekend retreat at a quiet, and peaceful place, away from it all."*

*So, for those of you who have had an abortion and need healing **(this includes men)** **this is your time!** Consider this your **personal** invitation. **This is your time to heal, and receive God's forgiveness and mercy!** This is your time, to let go of the pain and suffering and to start the amazing life that God has truly intended for you all along! This is your time to give your baby a name and the honor, dignity and respect that they deserve! Know that all has been prepared with great care and with much prayer for you.*

*The Benedictine Monastery is the beautiful oasis that has been chosen for these retreats. When you step onto the grounds you feel that you're truly stepping upon holy ground. Here you will find a safe, non-judgmental atmosphere in which to heal. Although this is a Catholic retreat, all are welcome! We will celebrate Mass and the Sacrament of Reconciliation will be available. All meals are provided. If the cost of the retreat is an issue, please let us know. **All inquiries are confidential!** You can contact Rosie Balderas at the phone numbers above or email her at the email address above! Take courage, Jesus is calling you!*

**COME AND LET THE HEALING BEGIN!**

**REVISED**

## **Rachel's Vineyard Retreat**

*Healing the Pain of Abortion  
One Weekend at a Time*

**October 6 – October 8, 2023**

**Benedictine Monastery of the Good Shepherd  
in the Hill Country of the Rio Grande Valley**

**Friday, October 6 at 5:30pm to October 8th - 3:00pm.  
\$125 per person (includes room, meals and all materials)**

**We want no one to stay away because of the cost ~  
let us know your needs. For details or to register call....**

**Rosie Balderas ~ 956-324-9773 or email:  
[rmendiola1129@gmail.com](mailto:rmendiola1129@gmail.com)**



*I've been there!  
I have received,  
Hope & Healing  
after abortion!*